Thank You for your interest in Lawn Bowling. It is an inclusive activity with play options for recreation and international competition. It has no age restrictions. You can play when you are 6 or 106. There are aides available for people with handicaps including wheelchair players.

## THE SPORT OF BOWLS

The object of the game is to roll (not throw) the BOWL (not ball) as close to the Jack {a small white ball} as possible.

The Bowl is not a complete spherical which allow it to curve toward the Jack as it looses momentum. The Bowl may curve in either direction depending on how it is held during delivery. Bowls involves offensive and defensive strategy to play the game and has the added challenge that the target (the Jack) may move on the rink of play.

## THE BASIC RULES OF ETIQUETTE FOR NEW BOWLERS

- Begin and end each game with a friendly handshake
- Approved footwear : flat, smooth-soled, heel-less shoes
- When playing Lead place the mat with it's back edge four (4) feet from the ditch at the beginning of the first end. On subsequent ends, it may be placed further out on the green (Unless groundsheets are used) but never less than 4 feet from the ditch.
- One foot must be entirely within the confines of the mat or completely over it when the bowl leaves your hand. DO NOT FOOT FOUL
- Deliver your Bowl smoothly to ensure you do not damage the green.
- Following the bowl up the green obscures your opponent's view and is considered poor etiquette.
- Do not openly criticize the green, particularly if you are a guest from another club.
- Compliment your opponent or team-mate on a good shot.
- Admit a 'fluke' in good spirit.
- Do not criticize your team-mates for a poor shot.
- Do not distract a player when they are preparing to deliver a bowl by standing too close or talking to them.
- Be ready to play when your turn comes. Stand off the green when not active in play.
- The Leads are responsible for pushing the bowls at the conclusion of an end.
- Help to return the mats, jacks and other equipment to their storage place when a game is finished.
- Be a gracious winner and a good looser.

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